

Shoreline Unified School
District

Elementary Lunch Menu October 2016

School: _____
Student: _____
Grade: _____

Please turn in pre-orders by
September 23, 2016.

Adult Lunch Cost: \$4.50
Student Lunch Costs: \$3.75



CLOVER MILK

1 % & Fat Free Milk

Does not contain Growth Hormone-
rBST

2 OPTION OFFERED DAILY WITH
THE MEAL .

Menu Subject To Change
Due To Availability.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|---|--|---|-----|
| | | | | | | 1 |
| 2 | 3 Hamburger RF Chips Pear, Carrots Milk | 4 Deli Ham&Cheese Sand., WG Cookie Banana,Cucumbers Milk | 5 Pasta with Meat Sauce, Breadstick Apple, Carrots Milk | 6 Nachos with Beans Salsa Honeydew Jicima, Milk | 7 Pizza Pocket Salad, Dressing Banana Chips Milk | 8 |
| 9 | 10 Hot Dog Baked Chips Applesauce Carrots Milk | 11 Homemade Chili WG Crackers Banana Celery,PB Milk | 12 Herb&Butter Pasta Breadstick Oranges Carrots Milk | 13 Chick,Rice,Bean Burrito, Salsa Nectarine Cucumber Coins Milk | 14 BBQ Chicken Mashed Potatoes Diced Pears Carrots, Milk | 15 |
| 16 | 17 Chicken Sandwich WG Goldfish Banana Chips Carrots, Milk | 18 Deli Tky&Cheese Sand., Seeds Tangarine Snow Peas, Milk | 19 Mac-N-Cheese Breadstick Honeydew Carrots, Milk | 20 Nachos with Beef Salsa Apple Jicima, Milk | 21 Pepp. Pizza Bagel Salad, Dressing Nectarine Milk | 22 |
| 23 | 24 Hamburger Baked Chips Tangarine Carrots Milk | <u>25 Min. Day</u> PB&J Sandwich WG Cookie Banana Carrots Milk | <u>26 Min. Day</u> Egg,Sausage,Cheese Bagel Sandwich Trail Mix Mixed Fruit Carrots, Milk | <u>27 Min. Day</u> Ham&Cheese Pocket Seeds Applesauce Carrots, Milk | 28 Bean&Cheese Burr Salsa Cantalope Carrots Milk | 29 |
| 30 | 31 Hot Dog WG Cheese Its Nectarine Carrots, Milk | | | | | |

5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5 COMPONENTS MUST BE OFFERD DAILY.