

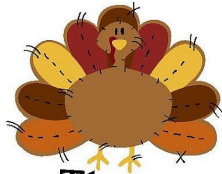
Shoreline Unified
School District

Elementary Lunch Menu November 2016

School: _____
Student: _____
Grade: _____

Lunch Cost Adult: \$4.50
Student Lunch Cost : \$3.75

Please turn in Pre Orders no
later than October 26, 2016.




Happy Thanksgiving

CLOVER MILK
1 % & Fat Free Milk

Does not contain Growth Hormone-
rBST

2 OPTION OFFERED DAILY WITH
THE MEAL .

Menu Subject To Change
Due To Availability.

Su	Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>Min. Day</u> Ham & Cheese Crossiant WG Cookies Diced Pears Carrots Milk	2 Pasta with Meat Sauce Breadstick Oranges Jicima Sticks Milk	3 Chicken Teriyaki with Brown Rice Plum Carrots Milk	4 Pepperoni Pizza Bagel Grapes Salad, Dressing Milk	5
6	7 Chick. Sand WG Crackers Banana Chips Carrots Milk	8 Deli Ham & Cheese Sand. Bk Chips Celery Sticks, PB Applesauce Milk	9 Herb & Butter Pasta Breadstick Pears Carrots Milk	10 Nachos with Chili, Salsa Apple Carrots Milk	11 No School	12
13	14 Hot Dogs Bk Chips Apple Carrots Milk	15 Chick. Noodle Soup, Crackers Celery Sticks, PB Plum Milk	16 Ham & Cheese Pasta Breadstick Oranges Carrots Milk	17 SBeef & Bean Burrito, Salsa Jicima Sticks Banana Chips Milk	18 Pizza Pocket Salad, Cressing Grapes Milk	19
20	21 Hamburger Bk Chips Apple Carrots Milk	22 Turkey & Gravy Potatoes Green Beans Banana Milk	23 <u>Min. Day</u> Ham & Cheese Pocket WG Cookies Oranges Carrots Milk	24 No School 	25 No School	26
27	28 Chick. Sandwich WG Crackers Banana Chips Carrots Milk	29 PB&J Sandwich Seeds Jicima Sticks Pears Milk	30 Pasta with Meat Sauce Breadstick Pineapple Carrots Milk			

5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT
LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5
COMPONENTS MUST BE OFFERD DAILY.